

Crawfords are recipients of Hood's prestigious Good Neighbor Award

III Corps and Fort Hood held its annual Good Neighbor Dinner to honor its most recent recipients, and a Lampasas couple were among the honorees.

Bill and Anna Crawford, who have donated much of their time and resources to benefit the Lampasas community, were recognized by the Army post's echelon as "Good Neighbors." The award recognizes community members whose contributions have significantly enhanced the well-being of soldiers and their family members.

The Crawfords, along with other past recipients, will have their photograph permanently displayed on the Fort Hood Good Neighbor wall in the III Corps Headquarters.

Receiving earlier recognition as a Good Neighbor was Lampasas Sid M. Wieser, who was honored in 2002.

Mrs. Crawford was born and reared in Lampasas, while her husband hails from Crystal City. He moved to Lampasas after graduation from Texas A&M University.

The couple have been married for more than 50 years and are the parents of two sons, Greg and Thomas. They have one granddaughter and two grandsons.

The Crawfords own Guyco Construction Inc. in Lampasas.

Crawford has served on the Rollins Brook Hospital Board, Central Texas-Fort Hood AUSA Chapter Board of Governors, and he is a former president of the Lampasas Independent School District Board of Trustees.

In addition, he served on the Heart of Texas Defense Alliance Board.

Mrs. Crawford is the Lampasas County Chamber of Commerce Military Relations Committee chairman and has served on the American Heart Association Board, the chamber's board of directors, Hill Country Community Action Association



Anna and Bill Crawford

Board, Lampasas Kiwanis Club, Central Texas Council of Governments Criminal Justice Committee and the Lampasas REACH Board.

She was instrumental in developing programs for children and senior citizens.

The couple also has held a place of honor as Spring Ho Grand Parade marshals.

The Crawfords annually provide two athletic and academic scholarships at Texas A&M, and they sponsor -- personally and through Guyco -- \$11,000 in scholarships yearly to Fort Hood soldiers and their family members through the local AUSA chapter.

The couple were recognized as Good Neighbors and were presented the Gen. Robert M. Shoemaker Award for exemplary service to soldiers and their families.

CTC lists upcoming non-credit courses

The Continuing Education Department of Central Texas College (CTC) continues enrollment for January classes. Non-credit courses are offered in a variety of areas including arts and crafts, business, computers and classes for lifelong learners.

Publisher 2007 (for lifelong learners age 50 and up): This popular desktop publishing software is not just for newsletters. Students will learn how to use basic tools to create greeting cards, flyers, business cards, web pages, calendars, name tags, recipe books and much more. Class meets Fridays, Jan. 16-30, from 8 a.m. to noon. The cost is \$41.

Internet and E-mail (for lifelong learners age 50 and up): Explore the Internet and learn how to select an Internet service provider, use web browser, create an e-mail account, use search engines, antivirus programs and download files. Students will also become familiar with Internet security issues and how to use Instant Messenger programs to chat online with friends and family. The class meets Saturdays, Jan. 17-31, from 8 a.m. to noon. The cost is \$41.

Water Aerobics for Lifelong Learners (age 50 and up): This is a fun workout with easy-to-follow exercise routines designed to improve cardiovascular conditioning. Using the resistance of the water, the exercises can also improve strength and flexibility leading to better muscular endurance and balance. It's a total body workout including aerobic, toning and stretching. Class meets Tuesdays and Thursdays, Jan. 20 to Feb. 26, 9-10 a.m. The cost is \$36.

Glass Mosaic: Make beautiful stained glass mosaic items for the garden. Students will get hands-on experience in mosaic application and grout techniques and also learn how to use a glass cutter, mosaic cutter and pliers. Students must purchase a mosaic kit from the instructor which ranges from \$30 to \$60. The class will meet Jan. 16 from 10 a.m. to 1 p.m. Cost is \$18.

Listening to Your Business: This hands-on, facilitated workshop will provide potential and existing small business owners and managers critical evaluation tools and action steps needed to maximize growth and profitability. Class will meet Jan. 16 from 1-5 p.m. The cost is \$46.

Heartsaver AED with First Aid: Be prepared to help someone in a life-threatening situation. Knowing how to administer CPR effectively could save the life of a family member, friend or coworker. Students are required to purchase a course book. This course meets requirements for childcare workers. The class meets Jan. 17 from 9 a.m. to 5 p.m. The cost is \$43.

Graphic Design with Photo-shop - Level II: This class builds on the beginners' course in designing artwork and manipulating photographs to create beautiful graphic images. Those who have taken the beginning class or have some experience in using tools and concepts for creating images and editing photographs may take this class. Level II projects include cleaning up old or damaged photos, building a collage and incorporating text and graphics. The class will meet Saturdays, Jan. 17 to Feb. 7, from 10 a.m. to 2 p.m. The cost is \$84.

Computer Concepts: This beginning class provides an overview of computer and Internet technologies using the new Windows Vista operating system. It will define the basic characteristics of a computer and provide a quick overview of data, information, files, applications software, operating systems, platform compatibility, the Internet and e-mail. Students will discuss computer hardware with several lessons focusing on the various technologies that enable a computer to store and retrieve data

and programs. The class will meet Tuesdays and Thursdays, Jan. 20 to Feb. 26, from 9-11 a.m. Cost is \$99 plus \$22 for a course textbook.

Piano (ages 13 to adult): This group piano class is for beginners who have little or no piano experience. Focus will be on the keyboard, improvisation and note reading. Class meets each Tuesday, Jan. 20 to Feb. 24, from 5:30-6:30 p.m. Cost is \$89.

Organic Gardening: Learn how to grow nutritious food for one's family without the cost of expensive fertilizers and harmful pesticides. Topics will include soil preparation, chemical vs. organic pesticides, mulching, planting, layout and more. Class will meet each Tuesday and Thursday, Jan. 20 to Feb. 5, from 6:30-8:30 p.m. The cost is \$46.

Crocheting for Beginners: Learn how to crochet using worsted weight yarn and create items to wear, decorate your home or sell at bazaars. Students will also learn how to read patterns and crochet using chain, single and double crochet stitches. The class meets Tuesdays and Thursdays, Jan. 20-29, 6:30-8:30 p.m. The cost is \$26.

To register for these and other continuing education classes, call (254) 526-1586. A course schedule is online at www.ctcd.edu/ce.

School Menu

Week of Jan. 12-16

Monday, Jan. 12

BREAKFAST: French toast/maple syrup, sausage patty, fruit juice and milk.

LUNCH: Steak fingers, whipped potatoes, broccoli, hot roll and milk.

Tuesday, Jan. 13

BREAKFAST: Breakfast pizza, blueberry muffin, fruit or juice and milk.

LUNCH: Taco salad/ salsa, pinto beans, fresh oranges, cornbread and milk.

Wednesday, Jan. 14

BREAKFAST: Oatmeal, toast/ham slice, fruit or juice and milk.

LUNCH: Chicken burger, lettuce-tomato-pickles, sliced peaches, sundaes cup and milk.

Thursday, Jan. 15

BREAKFAST: Scrambled egg, biscuit, fruit or juice and milk.

LUNCH: Shepherd's pie, green salad, sliced carrots, fresh grapes, hot roll and milk.

Friday, Jan. 16

BREAKFAST: Scrambled egg, sausage/biscuit, fruit or juice and milk.

LUNCH: Hamburger, lettuce-tomato-pickles, potato rounds, fresh apple and milk.

Art club shares overview from end of 2008 year

Lampasas Art Club members met at the Lampasas Art Gallery for the December meeting, which included a luncheon and Christmas gift exchange.

End-of-the-year reports were given by committee chairmen. Members continue to display paintings in several city banks and expressed their appreciation for the opportunity to share their art with the public.

The scheduling chairman reported good participation from members in volunteering to work at the gallery to keep it open on a regular basis, as well as on special occasions coinciding with other activities on Courtyard Square.

Betty Stenson was welcomed as a new member. Her paintings are on display at the gallery.

The club news/photo albums are being kept up to date and on display, and contributions of club-related items are welcome.

The nominating committee chair presented a slate of officers for the group's approval.

New officers were selected and will be installed at the meeting on Monday at 1:30 p.m. at the art gallery.

Retiring president Marlene Corbin commended all members for their hard work and continued support during the year.

Mrs. Corbin also expressed appreciation to the officers for their assistance with club activities and to committee members and chairmen for their time involved in carrying out the various club functions.

The meeting adjourned, followed by a meal provided by members and a gift exchange. A collection of items was brought by members to donate to Lampasas Mission.

College honors



Texas A&M Corpus Christi

Degrees were awarded in 2008 fall commencement exercises at Texas A&M University at Corpus Christi. From Lampasas, Krista Demar Harris earned a master of science degree from the College of Education.

Gem society to meet Saturday

Highland Lakes Gem & Mineral Society will meet Saturday at 10 a.m. at the Church of Christ in Marble Falls, Broadway

and U.S. Highway 281. Enter through the lower hall.

For information, phone Robert Poteet at (325) 379-1227.

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Mobile Wellness Unit on the road

Metroplex Mobile Wellness Unit will be on the go in 2009 to offer students free immunizations. "This is a great opportunity for the Wellness Department to help those parents needing to get their children's shots," said Lindsey Peplinski, Metroplex wellness coordinator. "All you have to do is bring the child's shot records."

All dates are available to all students from 2:30-5:30 p.m. as follows.

- Thursday, Harker Heights Elementary School.
- Feb. 19, East Ward Elementary.
- March 19, Willow Springs Elementary.
- April 16, Peebles Elementary.
- May 21, Trimmer Elementary.

The mobile unit also will be at the annual KidFest on July 26.

For more information on these or other immunization clinics, phone (254) 519-8202 or visit www.mplex.org.

New Arrival... Baby Girl...

Sara Lena Turner was born to parents, Nadi & Travis Turner, December 27, 2008, at 11:07 p.m. in Cedar Park Regional Medical Center, Cedar Park, TX. She weighed 7 lbs. 8 oz. & was 19 3/4 inches in length.

The baby's grandparents are June & Nelson Bynum of Lampasas; John & Nancy Turner of Kimball, Nebraska; Ynggrid Weber of Madrid, Spain; Antonio Garcia (deceased) & Sylvia Kieckebush of Madrid, Spain. Great-grandparents are Doyle & Daphne Owens (deceased) of Lampasas; Louise Turner of Lampasas and Mack Turner (deceased); Larue Guinn of Tishomingo, Oklahoma; and Werner Weber of Austin, Texas.



The family of
Amy Weichsel Campbell
wishes to express
sincere thanks and appreciation
to
Sneed Funeral Chapel
for their assistance.

In Memory of Robert J. Franks

11/14/1932-01/10/2008



Gone for but a year, at times it seems forever
and at others only yesterday.
You are loved and missed everyday.
You will live on forever in my
heart and memory.
Your Loving Wife, Dot

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